

Feathers

BI-MONTHLY PUBLICATION OF THE HUDSON-MOHAWK BIRD CLUB, INC.

BIRDING AND KAYAKING IN SOUTH CAROLINA

by Jack Reber

Last May, my wife, Lenore, and I enjoyed a birding Elderhostel program in the Low Country of South Carolina, near the Georgia border. We knew it was going to be a great trip when we arrived at the Palm Key Institute office and saw a male Painted Bunting on the bird feeder. Before we left five days later, we saw 90 bird species, including 11 life-list birds. The staff provided us with a busy week of birding, kayaking, evening programs, comfortable lodging, and delicious food.

The first day, we began with a 45 minute birdwalk. We added a Mississippi Kite to our life list before a breakfast of ham, eggs, oatmeal, grits, and the best biscuits we ever ate. Then we prepared our own bagged lunches and rode in a van to a wildlife refuge, where we saw a Red-cockaded Woodpecker, Orchard Oriole, Blue-gray Gnatcatcher, and other species. After lunch, we kayaked through a Cypress swamp, with dappled sunlight and Prothonotary Warblers flitting around us all afternoon. We discovered a rookery and watched Great and Cattle Egrets, and Little Blue Herons. We continued to an alligator-filled pond and observed several Black-crowned Night Herons. After dinner we compared lists and discovered that we'd seen 43 bird species that day. We painted ceramic mugs that evening. On the way back to our room we heard a Chuck-will's-widow.

The next day, I added Clapper Rail, Wood Stork, and Fish Crow to my life list before breakfast. We took the kayaks to the appropriately named Broad River and spent a leisurely morning paddling through a salt marsh. Sandpipers, Marsh Wrens, and egrets attracted our attention. While taking out the kayaks, we saw two Bald Eagles perching on an old railroad bridge. After dinner, we enjoyed an interactive program about Carolina geology. We took a road trip to Hilton Head Island the next day and hiked around a wildlife sanctuary. Common Moorhens, alligators and nesting Anhingas were the highlights of that walk. After lunch we went to the beach and swam in the ocean. We watched Black Skimmers and Laughing Gulls while drying off. The evening

(Originally written for the Southern Adirondack Audubon Society)

entertainment was a storyteller who portrayed a Low Country girl recalling her Civil War childhood.

On our last day we toured wildlife sanctuaries in the area. We saw hundreds of shorebirds, including Wood Storks, a Black-bellied Whistling Duck, both species of Ibis and Yellowlegs, Mottled Ducks, Black-Necked Stints, gulls, terns, plovers, sandpipers, and more Black Skimmers. A thunderstorm canceled our evening kayak trip, so we reviewed pictures and had a sing along. The friendly and knowledgeable staff at Palm Key Institute worked hard to make this an outstanding five night experience. All of the 13 participants had a great time. One woman had two life birds in her binoculars at the same time - Clapper Rail and Tri-colored Heron. If you are interested in this "Birding by Kayaking" trip, contact www.elderhostel.org or www.palmkeyinstitute.com for more information. 

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P R E S I D E N T ' S C O R N E R



As a volunteer-run organization, the Hudson-Mohawk Bird Club depends upon the services and efforts of its members. In the previous issue of Feathers, I asked for a volunteer to begin to take over the webmaster's position that has been filled so ably by Barb Putnam. I'm pleased to say that a volunteer has come forward, and he and Barb are now sharing the webmaster's work.

For the past several years, Dr. Carl George has served as the Reist Sanctuary committee chair, and he has put in an enormous amount of work that has resulted in a wonderful improvement in the Sanctuary's condition. Along the way, many other people have assisted in this effort. Carl has informed me that he will be stepping down at the end of December, so I'm looking again for someone to take on this position. Carl has detailed documentation of the Sanctuary that can aid the next chair. If you are interested in the position please let me know by December 31, 2007. You may contact Carl George for more information about the position.

Finally, the last half of December and the first part of January bring on the biggest volunteer effort of the birding year, the Audubon Bird Christmas Bird Counts. Please contact the compilers, Bill Lee, Phil Whitney, and Larry Alden who will be happy to add you to a group covering one of their circles' territories. Refer to their contact information given in another article in this issue. There are other area counts that are not sponsored by the Club, for example, Five Rivers and Coxsackie. Information about them can be found in announcements in HMBirds on the web or in other regional listserves that can be found on the web via www.birdingonthe.net (click on Regional).

Best wishes to all for a happy holiday season.

— *Bernie Grossman* 

HMBC Contact Information
BIRDLINE of EASTERN NEW YORK: (518) 439-8080

Email: contact@hmbc.net
HMBC website: <http://hmbc.net>

HMBC Board Meetings

HMBC Board meetings are open to all Club members. Meetings are held at Five Rivers Center or other local venues at 7:00 PM, usually on the second Monday of odd-numbered months.

Newsletter Contributions Desired

- Have anything you think other birders would be interested in?
- Have a favorite birding spot you want to share?
- Are there any stories or photos that would inspire others?

Share them with the HMBC membership by submitting them to the addresses below:

Please send all *electronic* submissions *via e-mail* to:

Chris Grossman at bgrossman@nycap.rr.com

Send **all** paper submissions to:

Chris Grossman

7 Nott Rd.

Rexford, NY 12148



The late-October day of our first fall picnic and birding extravaganza dawned cool and windy, but the weather was kind, considering that the previous day had brought 2.5 inches of rain.

About 20 people gathered at the parking lot of Five Rivers and organized into 2 groups, led by Alan Mapes and John Kent. The groups spent the early afternoon hours scouring the varied habitats at our beloved Environmental Education Center for fall birds.

The skies above the fields were alive with hawks, leading one participant to quip, “welcome to the first annual Five Rivers Hawk Watch!” Most of the circling raptors were easily identified as Red-tailed Hawks, but we also had good looks at Northern Harrier and Sharp-shinned Hawks.

In addition to the many soaring raptors, the groups also reported species such as Brown Creeper, both Red- and White-breasted Nuthatches, Eastern Bluebird, Hermit Thrush, Purple Finch, and White-throated Sparrow.

The compilation consisted of a happy group of birders around a roaring fire, enjoying cups of hot chocolate with hot dogs, an assortment of wonderful cookies and brownies, and a very delicious and nutritious California Salad, provided by Christine Lee. The groups combined to total 28 species at the compilation.

After the trek back to the parking lot a couple of participants added House Finch to the list at the feeders, bringing the total to 29. Itching for a nice, round number, we scanned the edges and fields as we slowly drove away. Our persistence was rewarded, as two separate parties noticed a Great Blue Heron flying determinedly (despite its apparently broken leg), over Mr. Tate’s farm straight towards the Center’s property.

Hiking the trails of Five Rivers under a beautiful October sky in the company of friends, viewing 30 species of birds, enjoying a cook-fire along with a fall picnic; this was pretty much a perfectly spent mid-autumn activity. We will certainly offer a second-annual fall picnic next year, and encourage you to join us!

— Denise Hackert-Stoner

Five Rivers**Saturday, September 22, 2007**

About 10 birders met at 8:30 AM for an exploration of the varied habitats on the grounds of Five Rivers Environmental Education Center. Woodpeckers and a Wood Turtle were the highlights of this pleasant early autumn morning. Among the roughly 25 species of birds encountered were PALM WARBLER, EASTERN PHOEBE, CEDAR WAXWING, WHITE BREASTED and RED BREASTED NUTHATCHES, male and FEMALE COMMON YELLOWTHROAT, and ROSE-BREASTED GROSBEAK. Woodpeckers included YELLOW-BELLIED SAPSUCKER, NORTHERN FLICKER, and PILEATED WOODPECKER, in addition to HAIRY WOODPECKER and DOWNY WOODPECKER. Looking skyward, we HAD RED-TAILED HAWK, TURKEY VULTURE, and an unidentified accipiter. Creatures in or near the water were of particular note, including a GREEN HERON eating a frog at the Goose Pond, and a YELLOWLEGS sp. up by the research ponds. Near the end of the trip, we encountered an unusual-looking turtle along the Vlomankill. Photographed by John Kent, it was later identified as a Wood Turtle, and we later learned that Five Rivers' staff had released several of this species in that area. Thanks to all who participated in this very enjoyable morning.

— Scott Stoner and Denise Hackert-Stoner

Saratoga Battlefield**Saturday, October 13, 2007**

The forecast had been grim all week for our annual trip to The Battlefield. Rain and wind, very unpleasant weather was predicted. For a trip that has been enjoyed at least as much for the blue October skies and bright foliage as for the quality of the birding, this was not a good thing. Imagine our relief and elation, then, when we arrived in Saratoga to increasingly sunny conditions, very light breezes, and pleasant temperatures!

A party of about 15 birders enjoyed the morning's hike along part of the Wilkinson Trail. We enjoyed the spectacle of a large flock of AMERICAN GOLDFINCHES (probably 100 birds), as well as a couple of late warblers: YELLOW-RUMPED and BLACK-THROATED BLUE. V's of CANADA GEESE flew far overhead, as EASTERN BLUEBIRDS scampered among the bright maple leaves. RUBY-CROWNED KINGLETS flitted from one side of the trail to the other with their cool-weather friends, THE BLACK-CAPPED CHICKADEES. RED-TAILED and SHARP-SHINNED HAWKS soared above during the latter part of the morning's walk. Five species of woodpeckers were seen, including DOWNY, HAIRY, RED-BELLIED, NORTHERN FLICKER, and PILEATED.

All-in-all we had 28 species, plenty of fresh air and sunshine, and not a drop of rain!

—Denise Hackert-Stoner and Scott Stoner

Tomhannock Reservoir**Saturday, November 3, 2007**

Fifteen participants gathered on a cool and cloudy day for this year's annual Tomhannock Reservoir trip. We started by crossing Route 7 to view the waterfowl in the southern portion of the reservoir. We saw mostly HOODED and COMMON MERGANSERS AND RUDDY DUCKS, but also found a single BUFFLEHEAD and a few COMMON GOLDENEYES AND RING-NECKED DUCKS. Along the shoreline were at least three GREAT BLUE HERONS, while a few juvenile-plumaged DOUBLE-CRESTED CORMORANTS perched in the trees on the island near the nests where they were probably fledged.

We then saddled up and car-pooled around the reservoir in four cars. Our first stop had a very OBLIGING COMMON LOON and a PIED-BILLED GREBE and we heard COMMON RAVEN and PILEATED WOODPECKER. At Otter Creek, we saw AMERICAN BLACK DUCKS and a flyover MALE NORTHERN HARRIER as well as a flock of BROWN-HEADED COWBIRDS.

One of the best stops came at the spillway on the north end of the reservoir, where sharp eyes picked out a flock of about ten WOOD DUCKS, and an immature BALD EAGLE flew past.

Near the pump station, we were playing a SCREECH-OWL tape to draw in passerines but were pleasantly surprised to have an actual EASTERN SCREECH-OWL respond! A nice DRAKE GREEN-WINGED TEAL was there at the end of the creek, too. Further up the road, we had the first of two flocks of CEDAR WAXWINGS and a group of PURPLE FINCHES feeding on crabapples.

Another good stop at an open field along Ford Road turned up NORTHERN FLICKER, RED-BELLIED WOODPECKER, and a very visible YELLOW-BELLIED SAPSUCKER.

We tallied up the list at the parking area at the end of the trip to find we had six species of woodpecker and thirteen species of waterfowl. We were a little short on sparrows, though, and PURPLE FINCH was the only winter finches species we saw. Overall, a total of 48 species was a little better than average.

Here are the 48 species we saw: CANADA GOOSE, WOOD DUCK,

AMERICAN BLACK DUCK, MALLARD, GREEN-WINGED TEAL, RING-NECKED DUCK, BUFFLEHEAD, COMMON GOLDENEYE, HOODED Merganser, COMMON Merganser, RUDDY DUCK, COMMON LOON, PIED-BILLED GREBE, DOUBLE-CRESTED CORMORANT, GREAT BLUE HERON, BALD EAGLE, NORTHERN HARRIER, RED-TAILED HAWK, RING-BILLED GULL, HERRING GULL, ROCK PIGEON, MOURNING DOVE, EASTERN SCREECH-OWL, RED-BELLIED WOODPECKER, YELLOW-BELLIED SAPSUCKER, DOWNY WOODPECKER, HAIRY WOODPECKER, NORTHERN FLICKER, PILEATED WOODPECKER, BLUE JAY, AMERICAN CROW, COMMON RAVEN, BLACK-CAPPED CHICKADEE, TUFTED TITMOUSE, WHITE-BREASTED NUTHATCH, EASTERN BLUEBIRD, AMERICAN ROBIN, NORTHERN MOCKINGBIRD, EUROPEAN STARLING, CEDAR WAXWING, SONG SPARROW, WHITE-THROATED SPARROW, DARK-EYED JUNCO, NORTHERN CARDINAL, BROWN-HEADED COWBIRD, PURPLE FINCH, HOUSE FINCH, AMERICAN GOLDFINCH

—Larry Alden 

UPCOMING HMBC PROGRAMS

Monthly programs are open to the public and are held at 7:00 PM at William K Sanford (Colonie) Town Library or Five Rivers Environmental Education Center in Delmar.

New York's Montane Specialist: Bicknell's Thrush

Julie Hart

Monday, December 3, 2007, 7:00 PM

Five Rivers Environmental Education Center, Delmar

HMBC Holiday Party and Program - Bring a dessert to share if you wish.

New York's montane forests are home to a unique, high-elevation bird community that includes the elusive Bicknell's Thrush, the only bird endemic to the northeast region. Bicknell's Thrush has adapted to this extreme environment in a number of ways, most notably with a unique breeding system and unusual food habits. There are a number of management and conservation issues facing Bicknell's Thrush and other high-elevation birds, including acid rain, climate change, wind power development, recreational development, and timber management. A high-elevation songbird monitoring program, Mountain Birdwatch, was initiated in 2000 to provide baseline information for making sound stewardship decisions about these montane issues. This annual point-count survey pays special attention to Bicknell's Thrush, Swainson's Thrush, Blackpoll Warbler, White-throated Sparrow, and Winter Wren. Approximately 120 routes are surveyed annually throughout New York, Vermont, New Hampshire, and Maine. The results have been used to monitor population levels, create a habitat map, provide site-specific information to guide development decisions, and identify priorities for land conservation. Specific information for New York will be presented, including the distribution of Bicknell's Thrush, Mountain Birdwatch route locations, survey results, and volunteer opportunities.

Julie Hart is the coordinator of Mountain Birdwatch with the Institute of Conservation Ecology. She has spent the last two summers surveying Bicknell's Thrush throughout their range, including Mountain Birdwatch surveys and demographic studies of this rare species. She also assists many other ecology programs at ICE involving both birds and butterflies. Prior to working with mountain songbirds, Julie spent five years traveling around the world studying birds. She spent time monitoring Common Loons in New Hampshire, surveying Golden-winged Warblers in the Catskills of New York, protecting Common and Roseate Terns in Maine, researching Kokako in New Zealand, searching for Ivory-billed Woodpecker in Arkansas, and recording breeding birds throughout New York and Vermont. She worked in the bird conservation departments at Audubon and the Cornell Lab of Ornithology where she was involved with national bird conservation initiatives such as the Important Bird Areas Program, the Audubon WatchList, and Partners in Flight.

***HMBC Open House,
Birding the Capital Region, and Member Photo Night***

Monday January 7, 2008, 7:00 PM

William K. Sanford (Colonie) Town Library

In case of inclement weather, call the library to make sure the program is still on: (518) 458-9274.

The Hudson-Mohawk Bird Club welcomes the public and members new and old to this special evening. Club officials will present information about the Bird Club, including ways in which new members can become involved in this very active group. We also invite club members to bring up to 10 slides, digital images or prints of birds or other natural history subjects to show to the group. This is a great opportunity for novice and experienced birders and nature photographers to connect, and for the public to learn about the club and the many opportunities to go birding in the Capital Region and beyond.

Birding Adventures in China

Joyce Miller

Monday February 4, 2008, 7:00 PM

William K. Sanford (Colonie) Town Library

In case of inclement weather, call the library to make sure the program is still on: (518) 458-9274.

Joyce accompanied a group of British and American birders on a trip in May and June 2007 that traveled from Beijing to Inner Mongolia, and into the mountains of central China. In addition to the birds (and birding experience), Joyce will touch on some cultural and historical aspects of the trip, including the Great Wall of China and the Terracotta Warriors in Xi'an.

Joyce Miller is a Professor of Library Science at Adirondack Community College in Queensbury. She is a long-time member of both the Hudson-Mohawk Bird Club and Southern Adirondack Audubon Society, and has birded on five continents. Join us for this fascinating program! 

UPCOMING AUDUBON PROGRAMS

The Canadian Atlantic

Scott and Denise Stoner

Thursday, December 13, 2007, 7:00-9:00 PM

William K. Sanford Colonie Town Library, 629 Albany-Shaker Road, Loudonville, NY 12211

From the gannets of Bonaventure Island, to the tides of Fundy, the sandy beaches and flowers of Prince Edward Island, and the Highlands of Cape Breton; across the sea to the fjords, bogs and icebergs of Newfoundland and Labrador, Atlantic Canada is a land of spectacular scenery and wildlife. Join local bird experts Scott and Denise Stoner for an eye-popping pictorial as they recount their fabulous adventures to this special place.

Scott and Denise Stoner have served ASCR and the Hudson Mohawk Bird Club in several key capacities for many years. Inveterate eco-travelers, together they have visited most of America's National Parks and Wildlife Refuges, and a good deal more. 

CALL FOR CHRISTMAS BIRD COUNT PARTICIPANTS

We are in need of participants in the Annual Christmas Bird Counts, counting numbers of bird species for a given day. Participants may sign up for all day or part of a day. They will be assigned an area to cover within the regions of Schenectady, Troy, or Rensselaer, NY. You can also keep count of the number and species of birds at your feeder for the given day if you live in one of the three areas.

Schenectady Christmas Bird Count, December 15, 2007
Contact: Bill Lee. 374-3426, bilee@hotmail.com

Rensselaer Christmas Bird Count, December 22, 2007
Contact: Phil Whitney. 477-9050

Troy Christmas Bird Count, December 29, 2007
Contact: Larry Alden, 861-6087 

Saturday, December 8
NORTH COUNTRY GRAY PARTRIDGE HUNT
(Franklin County; all day)

Coordinator: Bill Lee
 374-3426
 bileej@hotmail.com

Small numbers of Gray Partridge may be making their last stand in NY State just south of Malone in Franklin County. Cape Vincent & Massena populations have apparently been wiped out by a succession of severe winters. With snow cover, the birds should be readily visible from road edges. Call the coordinator for details.

Tuesday, January 1
NEW YEARS DAY BIRD COUNT
AT FIVE RIVERS

Coordinator: Craig Thompson
 475-0291 (daytime)

For the past 20+ years, Five Rivers has been welcoming in the New Year with an organized effort to identify all the bird species present on Jan. 1. This also marks the start of their annual bird list. Again, this year, HMBC joins the event and encourages members to participate. Groups will go out at 9:00 am from the Interpretive Building (visitor center), but birders are welcome to arrive earlier to get a head start. Call ahead to Five Rivers in case of inclement weather.

Saturday, January 19
ANNUAL STATE WATERFOWL COUNT

Coordinator: Gary Goodness
 862-9680
 goodness@nycap.rr.com

On the local segment of this statewide event, participants will count waterfowl and other winter birds on the Hudson River between North Troy and Hudson Falls. Meet at 9:00 am in the parking lot of the Hannaford Supermarket on the east side of the North Troy-Waterford Bridge (Route 4).

Monday, January 19 - Saturday, January 21
MONTAUK POINT &
SOUTH SHORE LONG ISLAND

Coordinator: Bill Lee
 374-3426
 bileej@hotmail.com

Reservations by Jan. 11

Join Long Island resident birder Joan Fitz to winter hot spots on Montauk Point and the South Shore barrier beaches of Long Island. Alcids -- Dovekie, Common & Thick-billed Murres, Razorbill -- Common & King Eider, rafts of Black,

Surf, & White-winged Scoters, Northern Gannet & Black-legged Kittiwake are regularly seen from Montauk Point. Wintering sparrows, finches & raptors along the barrier beaches often include rarities seldom seen elsewhere in NY State.

January or February, TBA
WINTER RARE BIRD TRIP(S)

Coordinator: Bill Lee
 374-3426
 bileej@hotmail.com

Reservations by Jan. 15

If any especially rare bird is reported in our general area, we plan to take a trip to look for it. This is usually a day trip, but sometimes requires an overnight stay. To get on the notification list for alert & trip details, call the coordinator. In recent years, trip participants have seen Eared Grebe, Boreal Owl, and Bullock's Oriole.

Saturday, February 2
MOHAWK RIVER/COHOES TO CRESCENT

Coordinator: Gary Goodness
 862-9680
 goodness@nycap.rr.com

This area, including Cohoes Falls & Simmons Island, offers a great opportunity to study the gulls & waterfowl that winter along the Mohawk River. We will look for Iceland & Glaucous Gulls, usually present in small numbers in winter. This trip will be a good introduction to the many fine vantage points over the Mohawk. We will leave at 9:00 am from the U-haul parking lot on Ontario St (NY Rt. 470 1/8 mile east of I 787) in Cohoes.

2007 HMBC-sponsored Christmas Bird Counts:

Saturday, December 15
SCHENECTADY 2007
CHRISTMAS BIRD COUNT

Saturday, December 22
SOUTHERN RENSSELAER 2007
CHRISTMAS BIRD COUNT

Saturday, December 29
TROY 2007 CHRISTMAS BIRD COUNT

HMBC is seeking nominations and donations for the Sam Madison Award - please submit by March 1. You may send such nominations to us through the contact@hmhc.net address with a subject line of "Sam Madison Award" - Thank you!

"The HMBC has established the Sam Madison Award to honor the man who led and advised the Club through much of its history. He served as President, was Nominating Committee chair for as long as anyone can remember, and led field trips to a variety of places. Sam's Delmarva Peninsula trip was legendary. With a military-like time schedule it was the "Bataan March" of the bird club. Perhaps Sam's signal accomplishment was his role in acquiring our Reist Sanctuary in 1970. We all have our favorite Sam Story. They all remember an inveterate birder, a caring and sharing friend, and a gentleman in the truest sense."

"The Sam Madison Award was established to encourage and enhance the education of students and teachers about birds, bird habitats, and bird conservation. This is a monetary award that will promote understanding and appreciation of birds and their biology, ecology, and conservation. It may be given to a student, a teacher or youth leader, or an organization.

The award might be given to provide:

- scholarships for youth conservation camps or teacher ecology workshops
- funding and/or materials for classrooms in schools that promote education about birds
- funding and/or materials for scout camp programs related to birds
- specific bird-related books/publications for children's libraries
- funds for pilot-projects at children's museums or nature centers that are bird-related

Feathers

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